



paris

**OUTDOOR
FITNESS™**



***Keeping
Communities Fit***

1-888-743-8226

sales@acmplaygrounds.com

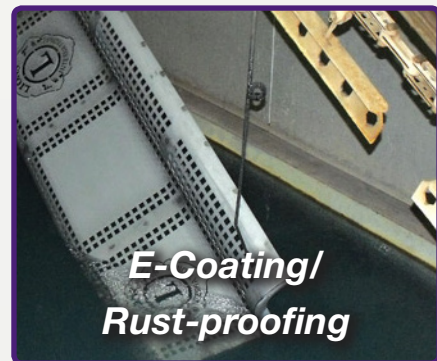
Smart Manufacturing

Paris Equipment Manufacturing Limited and Paris Outdoor Fitness always employ:

- Top quality, highly recyclable materials
- No PVC or lead utilized in the manufacturing process
- E-coat primer and super durable polyester top coat, to eliminate concerns of rust, corrosion and chipping
- State of the art manufacturing processes, including robotic welding, laser cutting, metal forming, metal punching and spinning, as well as CNC machining.

All product is manufactured in our state of the art facility located in Princeton, Ontario, Canada, which combines technologically-advanced manufacturing processes, resulting in increased fabrication capabilities. Paris utilizes numerous coating applications including sandblasting, e-coating, polyester powder coat and hot dip galvanizing depending on the product and raw materials for each product.

Manufactured in North America



paris OUTDOOR FITNESS™



Built to Last... Easy to Maintain

Our revolutionary outdoor equipment is perfect for:

Fitness Centres • City Public Parks • Corporate Centres
Schools and Universities • Trails • Senior Resource Centres

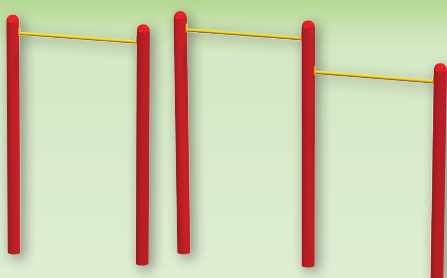
Minimal maintenance required • Ask about our accessible options
No electricity required • In-ground and surface mount options available
Eco-friendly - Powered by the people who get fit using it...

In order to honour our commitment to quality and safety, PEML reserves the right to make changes to any product or coating shown in this catalogue without notice.

Keeping Communities Fit

Proudly Manufactured in North America

Upper & Lower Body Training



Horizontal Bars

78000002 (Single), 78000003 (Double)

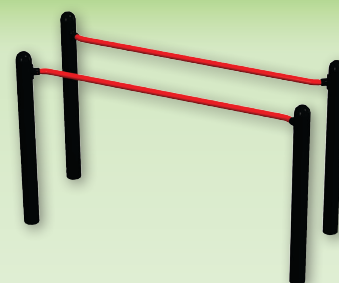
Strengthens chest, shoulders, upper and mid-abs, forearms, and triceps.



Rowing Machine

78000007

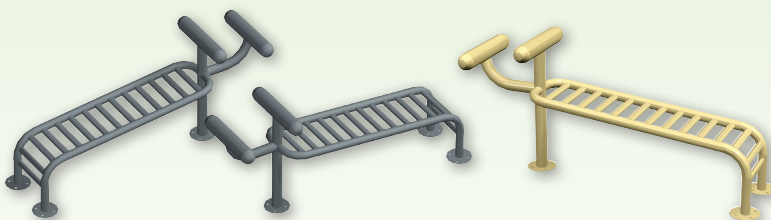
Strengthens upper back, lower back, shoulders, biceps, and forearms.



Parallel Bars

78000004

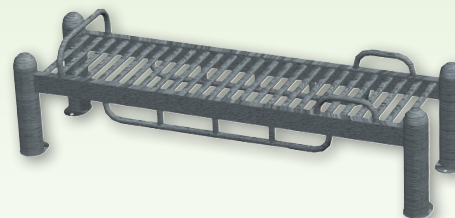
Strengthens hand grip, shoulders, triceps, upper back, and core.



Inclined Crunch Bench

78000006 (Dual), 78000027 (Single)

Strengthens abdominals.

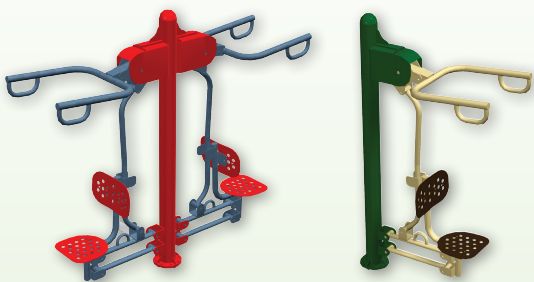


Sit-Up / Push-Up Bench

78000005

Strengthens abdominals, obliques, chest, shoulders, and triceps.

Upper & Lower Body Training



Lat Pull-Down

78000044 (Single), 78000008 (2-Person)

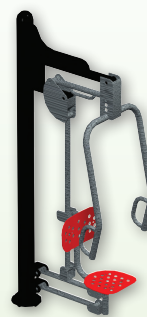
Strengthens upper back, shoulders, biceps, and core.



Pull-Up & Dip Station

78000001

Strengthens chest, shoulders, upper and mid-abs, forearms, and triceps.



Chest Press

78000045 (Single), 78000009 (2-Person)

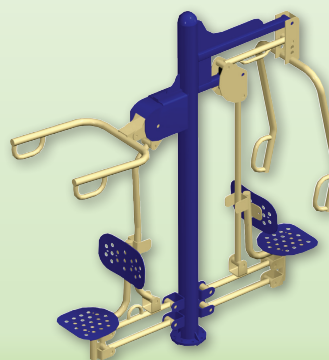
Strengthens chest, shoulders, upper and mid-abs, forearms, and triceps.

Combo Lat Pull-Down & Chest Press

78000047

Two exercise stations in one.

1. Strengthens back, rear shoulders, and biceps.
2. Develops strength in the chest and shoulders.



Upper & Lower Body Training



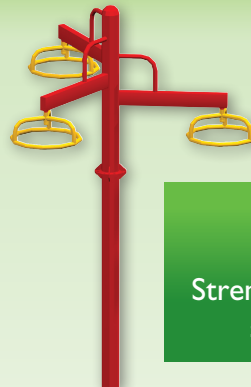
Specify a colour from page 75, in first blank.
Specify "SM" for Surface Mount, or "G" for In-Ground Mount in second blank.



Waist & Ab Stretcher

7800066

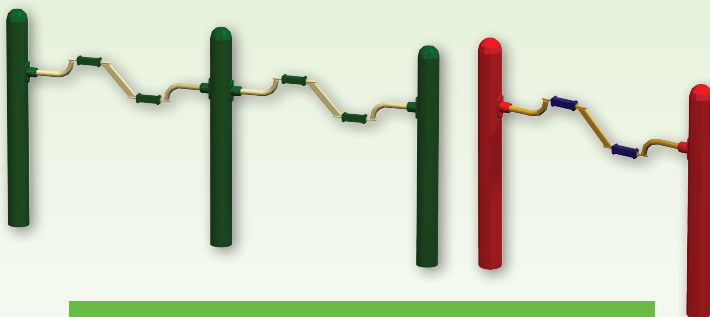
Develops core, shoulders, and arm muscles. Stretches back and hamstrings while relaxing vertebrae and spinal disks.



Hanging Rotator

7800075 (3-Person)

Strengthens core, waist, abdominals, shoulders, and upper arms.



Stretch Pole, 3 Pad

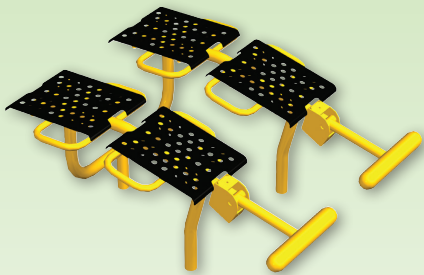
7800084

Stretches quadriceps, hamstrings, calves, glutes, and abdominals.

Hand bike, Accessible
7800070 (Single), 7800072 (2-Person)
Strengthens arm and shoulder muscles.



Upper & Lower Body Training



Lying Leg Curl

78000015 (2-Person)

Strengthens hamstrings and glutes.

Combo Leg Extension & Leg Curl

78000059

Develops strength in the hamstrings, glutes, and quadriceps.

Leg Extension

78000013

Strengthens glutes/rear, quadriceps/ front of thighs, and calves.



Leg Press

78000011 (2-Person), 78000012 (4-Person)

Strengthens quadriceps, hamstrings, calves, glutes, and abdominals.

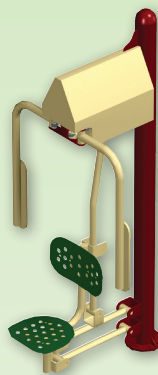


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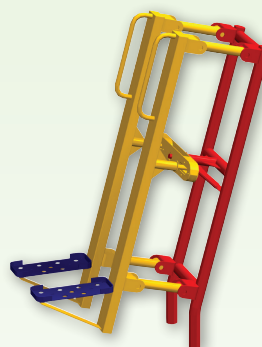
Upper & Lower Body Training



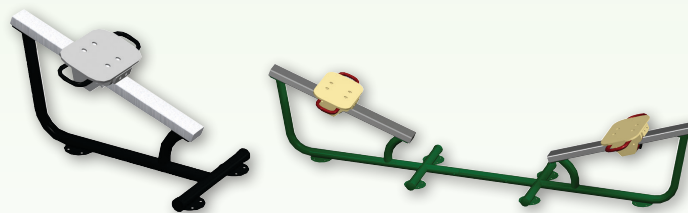
Butterfly Machine
78000016
Develops chest, front shoulders,
upper and mid-abs.



Leg Stretch Station, 3 Way
78000069 - 3-Person
Increases lower body flexibility.

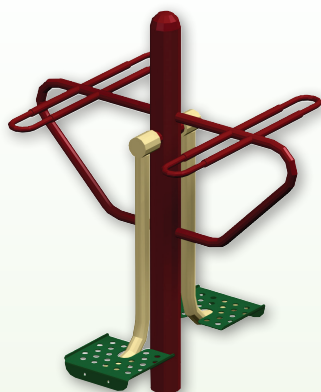


Stair Climber
78000039
Strengthens quadriceps,
hamstrings, calves, glutes,
abs, and forearms.



Roller Fit Leg Press
78001002 (1-Person), 28001003
(2-Person), 78001004 (4-Person)
Strengthens quadriceps, hamstrings,
calves, glutes, and abdominals.

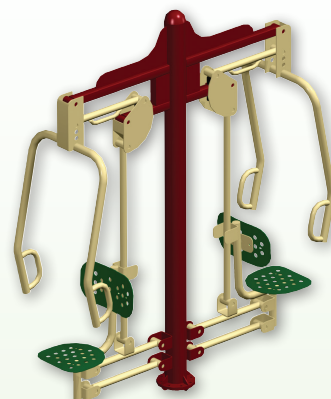
Upper & Lower Body Training



Pendulum Machine

78000041 (Single Post, 2-Person)

Strengthens upper body, biceps, forearms, lower back, and abdominals.



Chest Press

78000045 (Single), 78000009 (2-Person)

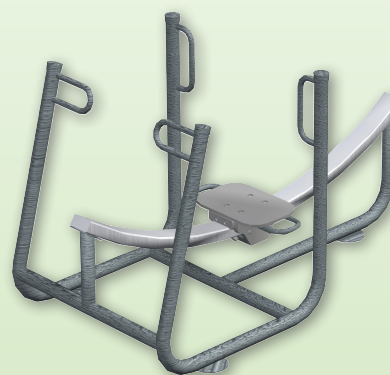
Strengthens chest, shoulders, upper and mid-abs,



Lat Pull Down

78000044 (Single), 78000008 (2-Person)

Strengthens upper back, shoulders, biceps, and core.



Roller Fit 4-in-1 Exercise Machine

78001001

Leg Press: Strengthens quadriceps, hamstrings, calves, glutes, and abdominals.

Lat Pull: Strengthens chest, shoulders, upper and mid-abs, forearms, and triceps.

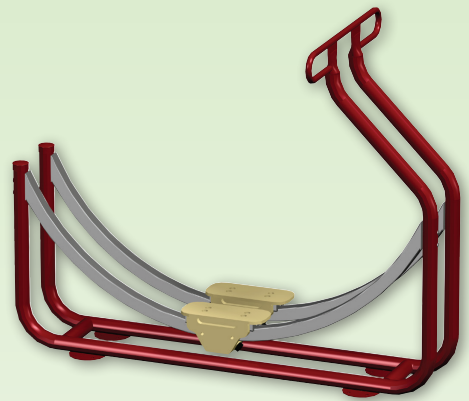
Chest Press: Strengthens chest, shoulders, upper and mid-abs, forearms, and triceps.

Arm Curl: Strengthens biceps, chest, shoulders, upper and mid-abs, forearms, and triceps.

Cardiovascular Training

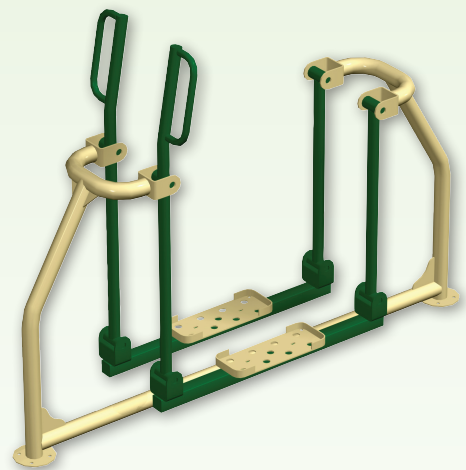


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Roller Fit Air Strider
78001005

Strengthens quadriceps, hamstrings, calves, glutes, lower back, and lower abs.

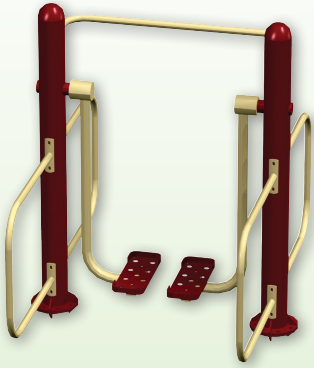


Cross Country Skier
78000019

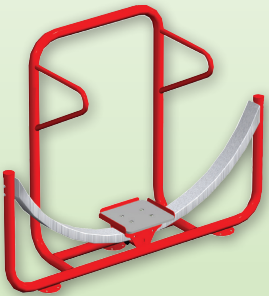
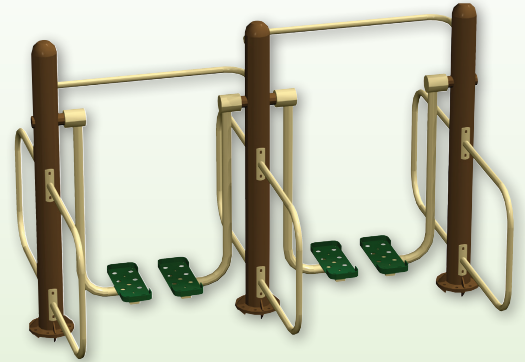
Develops lower body including quadriceps, hamstrings, glutes, calves, lower back, and lower abs. In addition to improving heart and lung function, relieves fatigue, and improves co-ordination.

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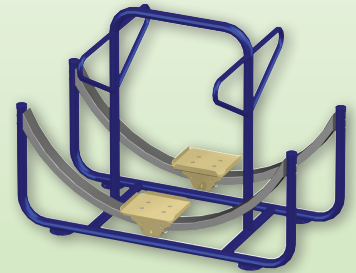
Cardiovascular Training



Air Walker
78000042 (Single), 78000022 (2-Person)
Strengthens quadriceps, hamstrings,
glutes, calves, lower back, and lower abs.



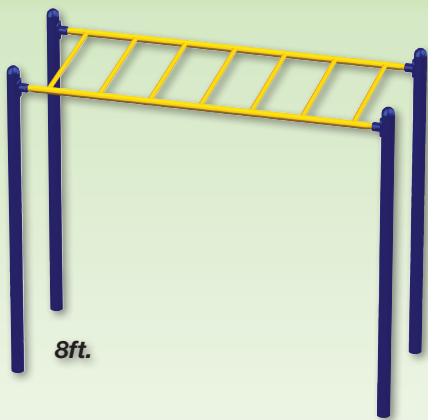
Roller Fit Pendulum
78001006 (Single), 78001007 (2-Person)
Strengthens lower back, abdominals, and waist muscles.



Strength & Flexibility Training



78000028 - Horizontal Ladder (8 ft.)

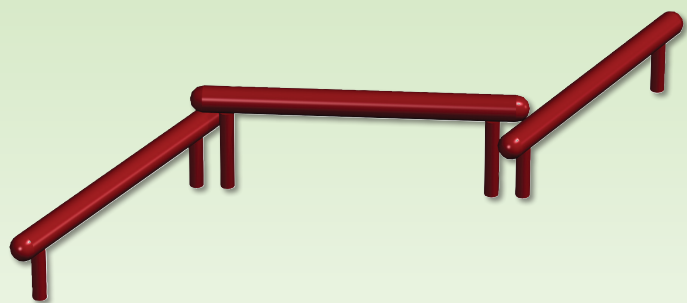


8ft.

Horizontal Ladder

78000028 - 8ft.

Strengthens hand grip, biceps, triceps, shoulders, and abdominals.

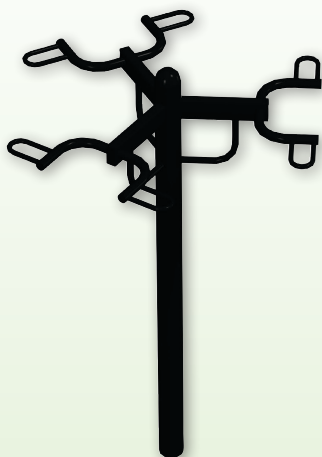


Jump Bars

78000024

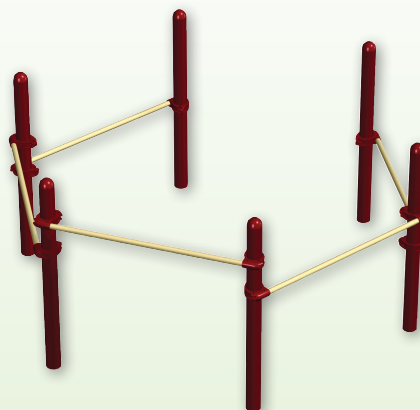
Strengthens calves, quadriceps, and hamstrings (jumping and step-ups), chest, biceps, and triceps (push-ups).

Strength & Flexibility Training



Pull-Up Pole Station
7800032

Strengthens biceps and upper back muscles. Accessible option available.



Multi-Bars
7800033

Strengthens triceps, biceps, shoulders, and chest.



Push-up Bar
7800029

Strengthens chest, triceps, biceps, and shoulders.



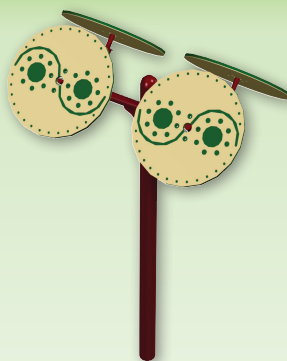
Strength & Flexibility Training



Recumbent Stationary Bike

78000036

Strengthens calves, hamstrings, glutes, and quadriceps.



Tai Chi Spinners

78000035 - 2-Person

Strengthens shoulders and improves hand-eye co-ordination.



Upright Stationary Bike

78000037

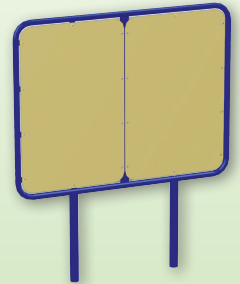
Strengthens calves, hamstrings, glutes, and quadriceps.

Signage Options

Fitness Sign and Post
78000034
Display instruction detail
or other signage.

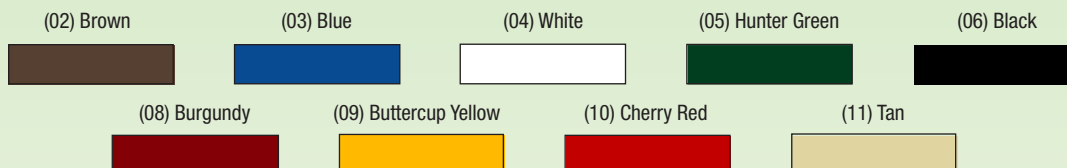


**Dual Low Version
Fitness Sign and Posts**
78000038
Display instruction detail
or other signage.



Paint Options

Standard Polyester Powder Coat Options



Available in gloss or textured.

Custom RAL Colours Available.

Please Contact Your Paris Outdoor Fitness Representative For More Information

Product Warranty Statement: Due to the wide range of product offerings, please contact our head office, or your local Paris Outdoor Fitness representative for our complete comprehensive warranty statement.

Loss or Damage in Transit: A signed bill of lading is your receipt from a carrier that our shipment to you was complete and in good condition. Before you sign, please check this bill of lading carefully when the shipment reaches you to make sure there are no damages or shortages. Once the shipment leaves our plant, we are no longer responsible for any damage, loss, or shortages.

Colour samples featured in this catalogue are for reference only. If required, please contact Paris Outdoor Fitness for colour accurate samples.

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All furniture is designed to be secured to solid surface.



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